

# 15 Netflix shows to watch while self-isolating that could actually help your business

When self-isolating and working from home, it is essential to use this time to keep on polishing your knowledge with new interesting things related to society, experiments, business, and success. Maddyness has selected some TV programmes and documentaries currently available on Netflix to watch while staying at home during the Coronavirus outbreak.

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As an entrepreneur, what are the programmes that you should be watching right now on Netflix? Sure, there's *It's Always Sunny in Philadelphia*, but there's also Business stories, food challenges, and architecture... Maddyness has selected inspiring shows available on Netflix right now that are worth a watch and will broaden your knowledge horizon and help you escape from the current health crisis.

# Self Made: Inspired by the Life of Madam C.J. Walker

This extraordinary TV show traces the inspiring story of successful African American entrepreneur Madam C.J. Walker who built a haircare empire that saw her become America's first female self-made millionaire.

[Watch Self Made now](#)

# Jimmy Carr: Funny Business

British comedian Jimmy Carr tells jokes and unleashes his deadpan delivery and wickedly funny one-liners to a sold-out audience at the UK's Hammersmith Apollo.

[Watch Jimmy Carr: Funny Business now](#)

# 100 Humans

A social experiment in which 100 individuals are part of interactive experiments exploring sexuality, happiness, torture and many other aspects of human nature.

[Watch 100 Humans now](#)

# Dirty Money

A Netflix original television series telling the stories of corporate corruption, security fraud and *creative* accounting. The show's executive producers include Oscar-winning documentary filmmaker Alex Gibney.

[Watch Dirty Money now](#)

# Family Business

This decadent TV show is about the legalisation of cannabis. Joseph, a failed entrepreneur, decides to change his ways, and with the help of his family and friends transforms his father's kosher butcher shop into the first marijuana coffeeshop in France.

[Watch Family Business now](#)

# Broken

This 4 part series reveals how influencer hype and scarcity marketing create conditions in which counterfeit makeup thrives, teens get addicted to vapes, disposable furniture kills, and corporations thrive on single use plastics.

[Watch Broken now](#)

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[Books to inspire in uncertain times](#)

# American Factory

BAFTA and Oscar Best Documentary winner, American Factory takes place in post-industrial Ohio, where a Chinese billionaire opens a factory in an abandoned General Motors plant, hiring two thousand Americans. The early days of hope and optimism are quickly forgotten as high-tech China clashes with working-class middle America.

[Watch American Factory now](#)

# The Great Hack

This BAFTA-nominated documentary details the Cambridge Analytica scandal and subsequent investigations seen through the eyes of those involved, notably [Prof. David Carroll keynote speaker at Maddy Keynote 2020](#).

[Watch The Great Hack now](#)

# The Mind, Explained

Ever wonder what's happening inside your head? From dreams to anxiety, *The Mind, Explained* looks at how your brain works in this illuminating series.

[Watch The Mind, Explained now](#)

# Abstract, The Art of Design

This documentary looks beyond blueprints and computers into the art and science of design, showcasing great designers from every discipline whose work shapes our world. If you like Nike Air Huaraches, the episode with [Tinker Hatfield](#) is a must.

[Watch Abstract now](#)

# The World's Most Extraordinary Homes

This series of inspiring homes will blow your mind as it celebrates extraordinary residential architecture from around the world with insight from an accomplished architect and his enthusiastic co-host.

[Watch The World's Most Extraordinary Homes Now](#)

## Next in Fashion

This challenge invites 18 talented fashion designers to compete for a \$250,000 prize and the opportunity to launch a clothing line with Net-a-Porter.

[Watch Next in Fashion now](#)

## the goop Lab

Leading with curiosity, goop founder Gwyneth Paltrow and her team look at psychedelics, mental health and other challenging wellness and lifestyle topics.

[Watch The Goop Lab now](#)

## Million Pound Menu

Initially launched on the BBC, *Million Pound Menu* is hosted by Fred Sirieix who oversees a battle for investment between restaurant ideas, with participants trying to convince a jury that their new restaurant ideas could be the next big thing.

[Watch Million Pound Menu now](#)

## Street Food: Asia

This show explores the rich culture of street food and tempting dishes in some of the world's most colourful cities.

[Watch Street Food now](#)

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# 13 inspirational business podcasts for startup founders

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