

How to clean your tech devices efficiently

The NHS has urged the public to wash our hands regularly to minimise the spread of COVID-19 and have released a step-by-step guide on how to do so. In the midst of a global pandemic, hygiene has been more vital than ever but your hands are not the only route to spreading potentially dangerous germs. Experts from Back Market explain how best to keep your tech clean.

According to a study by the University of Arizona, your keyboard harbours 400 times more bacteria than your toilet. Your phone screen is also another hub spot for bacteria, although less so than your keyboard. If you're not careful, these bacteria can cause a whole range of infections, so, given the circumstances, it would be a good idea to clean your tech devices. Research finds that COVID-19 can be inactivated within a minute by disinfecting surfaces.

While you may want to clean your tech devices, some substances can in fact cause damage to them. Back Market, a refurbished marketplace dedicated to electronics have created a simple guide to help properly disinfect your phone and keyboard.

Here are a few simple steps to effectively clean your keyboard and phone:

How to clean your computer keyboard

1. Turn off and unplug your computer
2. Turn over the keyboard to tip out the grime that builds up between the keys
3. Dampen a cotton bud with water or 70% rubbing alcohol, making sure it's not too wet. Then use it to clean the areas between the keys
4. Dampen a lint-free cloth with your choice of cleaning product and wipe it over the rest of the keyboard (again making sure the cloth is not too wet)

To protect against the spread of coronavirus and other diseases, experts have advised the public to clean their phones twice a day; once at lunch and again before dinner.

How to clean your phone

1. Unplug any cables and turn off your phone before you clean it
2. Use a soft lint-free cloth (like one you would clean a pair of glasses with) and dampen it in warm soapy water. You can also use a 70% rubbing alcohol wipe to clean the screen, keyboard or any other external surface
3. Don't get any liquid in the openings and obviously don't submerge your phone in a cleaning product (we have to say this just to be sure)

By following these simple tips, you may get ill less often and improve your chances of avoiding the coronavirus. So, get cleaning!

Back Market is a leading marketplace providing consumers with access to thousands of refurbished electrical products, by certified professionals.